

Module on Constitution in Cinema
Mission 70

Living Constitutional values in day-to-day life

CONSTITUTION IN CINEMA

Background

The youth is not only the future of this country but also the present. Today it is very pertinent for our young generation to have the ability to think and understand with the perspective of human values. They should be having an inclination to use the perspective with human in matters big or small.

In this regard, some films and a module have been prepared for discussion around it. This module is designed with the idea that it can be implemented with any kind of young participants or youth groups.

This module is prepared by We, The People Abhiyan, it is a network of organisations and individuals. Its mission is to expand an informed, active and responsible citizenry in India. Organization facilitates exploration, understanding and action for being active and responsible citizens through events and in-depth training programmes.

Introduction and conversation with participants

Before starting of the session, the facilitator should ensure that all the participants are sitting comfortably. Later facilitator can initiate some introductory conversation, and can ask questions like

- Please share your name;
- What do you do?
- If you are a student, what are you studying and where?
- Have they ever participated in any such similar discussion before?

Session name

Constitution in Cinema

Time limit

One hour thirty minutes

Purpose of session

To help participants

- Develop their perspective based on human values in their day-to-day life.
- Understand that dealing with our day-to-day life with a perspective of human values is responsible citizenship.

Key Learning point

Through this session of one and half hour, facilitator has to ensure that Participants are able to appreciate and understand that

- Human values are basis of everyone's life

- We should have a perspective of human values to deal with big and small issues of our life.
- Rights and the Rule of Law are for all and no one is exempted.
- Citizens are protected by our Constitution and Constitutional values are the foundation of a responsible citizen.
- Living life with our values is living with constitutional values.
- Participants understand that constitutional values are human values based on justice, fairness and equality.

Note for the Facilitator:-

1. In each of the activity of the session there are certain discussion points/ questions and Key learning /Messages Points.
2. These discussion points have been given for the facilitator to help him/her to initiate and carry out the discussion.
3. Facilitator should keep in mind the Key Learning / Messages Points while carrying out the discussion.

Table

S.N	Activity	Hand-out	A.V.Material	Reading material	Method-ology	Time duration
1	Film screening		Constitution in Cinema- Film series		Film screening & discussion	20 minutes
2	Experience of my life and values	-	-	-	Discussion	40 Minutes
3	My values and Constitutional Values	-	-	-		15 Minutes
4	Better Me	-	-	-	Discussion	15 Minutes

Activity 1. Film Screening

Directions for Activity

After an introductory conversation with all participants, facilitator should say that

- All of us have seen many films on TV and in cinema halls,
- Let's today watch some special scene few movies again.
- Today we will try to see these movies with a new perspective

After saying this, the Facilitator should screen the film(s). There are 5 short films which are available with this module. It is better if facilitator chooses to screen Game of Thrones, Dabang, Dreshyam or Harry Potter, any one /few/all of them.

Discussion points/questions

- What do you think about these short films?
- What kind of perspective is being used in these films?
- From what perspective we have tried to watch these films?
- Have you ever watched a film before with this perspective?
- These films are for entertainment or do you think they play some other role also? if yes what kind of role?
- Do you think we face similar situation in real life where it is difficult to make an opinion or take a decision?

Key Messages/ Learning Points

Facilitator has to ensure that the out-come of the discussion carried out with the help of 'Discussion points / questions' should be such that participants are able to appreciate and understand that:-

- An issue can be looked at with many different perspectives.
- The right perspective helps in making the right decision. A perspective with human values like equality, freedom, justice, fraternity etc is the correct perspective.
- We need to be conscious of our perspective to lead a good day-to-day life.

Activity 2. Experience from my life and my value

Directions for Activity

Facilitator shall give to all participants a paper and a pen and inform all the participants that

- The next session is related to your life.
- You are being given 10 minutes to think about the statement given below.
- Once you are done with thinking and writing it is up to you to either share or not share your thoughts with rest of the group.
- Facilitator has to take a call if this activity should be carried out individually, in pairs of two or in larger groups of 4/6 participants. This call should be taken keeping in mind the number of participants.
- In case activity is being carried out in group facilitator can ask few of them to share or ask one from each group to share with all the participants and then carry out the discussion on given 'Discussion Points/Questions'.

Facilitator should write following statement as given below on white a board or read it aloud for participants.

Tell an incident from your life where you have struggled and have been able to fulfill your desire without compromising on certain values that are important to you. This incident can be related to your family, workplace, community, or with Government.

Discussion points/questions

- What happened? When did it happen?
- During the incident what all emotions/feelings you could experience?
- What all was going in your mind while making the decision?
- Why you think you were facing a challenge?
- What were those values on which you were not able to compromise?
- Why you could not compromise on these values?

Key Messages/ Learning Points

Facilitator has to ensure that the out-come of the discussion carried out with the help of 'Discussion points / questions' should be such that participants are able to appreciate and understand that:-

- We handle different situations and have different struggles to fulfill our desires.
- The only thing we do not want to compromise during the course of these struggles, are our core values.
- These core values are basis of our every-day life quite naturally and organically, though we are not much aware about it.
- Each one of us has different dreams and desires, at the same time each one of has a same set of core values.
- These core values are the foundation of our day-to-day life.
- This is a deeper understanding and we need to be constantly conscious of it to understand it fully.

Activity 3. My values and Constitutional values

Directions for Activity

Facilitator should give copy of Preamble from the Constitution of India to all participants, and ask one of the participants to read it aloud for all.

Discussion points/questions

Referring back to sharings done during last Activity, (*Activity 2. Experience from my life and my value*) raise following discussion points / questions to initiate the discussion

- Now after going through the Preamble can you identify few values basis of the constitution?
- Those values, on which you were not able to compromise, are they there in the preamble as well?
- Do you see any connection/similarity in the Preamble of the Constitution and your own core values?

Key Messages/ Learning Points

Facilitator has to ensure that the out-come of the discussion carried out with the help of 'Discussion points / questions' should be such that participants are able to appreciate and understand that:-

- The values on which we do not compromise are our core values.
- These set of values are same for entire human race.
- These values are extremely important for us and form the foundation of humanity, and for this reason they are made basis of the constitution and mentioned in preamble of the Constitution of India.

Activity 4. Better Me

Directions for Activity

Facilitator should now for this activity ask all participants to think about their day since morning / their last week. And think about an incident with a perspective of values in their mind. Facilitator should also ask participants to think if they want to re-live that moment differently to make it better.

Discussion points/questions

- What was the incident?
- At the time when you were experiencing the incident what were your feelings?
- What do you think, in whatever manner you acted upon during that incident, was right or not if looked with the perspective of your values/constitutional values?
- If given a chance would you like to relive that moment in a better way? What changes would you like to introduce to the moment?
- There is clear connection and similarity between our values and constitutional values. What do you think how you can become a better citizen?

Key Messages/ Learning Points

Facilitator has to ensure that the out-come of the discussion carried out with the help of 'Discussion points / questions' should be such that participants are able to appreciate and understand that:-

- There are many perspectives possible, to deal a situation in our day to day life.
- The correct perspective is where there are our values involved and upheld.
- We need to take our decisions and make opinions while being aware of our core values.
- If we are conscious about our values, it will certainly help us in becoming a better version of our self and a better responsible citizen as well.

Concluding Messages / Learning Points

Through the entire session facilitator should ensure that participants are able to understand and appreciate following key messages:-

- There are many perspectives possible, to deal a situation in our day to day life, the correct perspective is where there are our values involved and upheld.
- Human values are basis of everyone's life

- These core values are part of our every-day life quite naturally and organically, though we are not much aware about it.
- We should have a perspective of human values to deal with big and small issues of our day to day life.
- Our core values and the core values as given in preamble of the constitution are the same.